Procedure Information

Thank you for entrusting your vision to the caring hands at Center For Sight. We are dedicated to making your experience a comfortable one.

It is important to keep your scheduled appointments following your procedure. Please call the office if you have any questions or to reschedule if necessary.

Please note, if you have any complications, should you become seriously ill, or are admitted to the hospital prior to your scheduled procedure, contact your Patient Counselor at 702-724-2069.
Before Your Xen Stent Procedure

- Make sure you have your eye drop medication
- Arrange a driver who is at least 18 years of age and is able to wait in the surgery center the day of surgery. Also arrange for transportation for your one day post op appointment.

Night Before Your Procedure

- **DO NOT** eat or drink anything six hours prior to surgery or your surgery will be CANCELED.

Morning of Your Procedure

- **DO NOT EAT OR DRINK ANYTHING**
- **DO NOT** take any diabetic medications
- **DO** take all other medications with only a small sip of water

Remember

- Wear loose fitting clothing with a short sleeve button up shirt
- **DO NOT** wear jewelry or makeup
- **DO NOT** wear perfume or cologne
- **DO NOT** bring money or valuables with you
- Bring your I.D. and insurance card
- Check in at your scheduled arrival time. Late arrivals may result in rescheduling. Expect to be at the surgery center for 2-3 hours.
After Your Xen Stent Procedure
Properly caring for your eye after your procedure is important to the healing process. Keep the following instructions in mind:

Please do not bend over at the waist for 1-2 days following your procedure.

For Three Weeks following your procedure

- Keep your eye shield on for the first 24 hours following surgery.
- You may clean around the eye with a clean washcloth (only on areas you can feel bone, cheek and brow). Do not clean the eye itself.
- Wear the eye shield (provided in your care kit) while sleeping, to protect your eye.
- Wear your own glasses or sunglasses while awake.

After your procedure, AVOID:

- Rubbing your eyes and any unnecessary hand-to-eye contact
- Getting shampoo or direct water in your eye
- Submerging head under water
- Swimming in pools and hot tubs
- Getting sweat in your eye
- Wearing makeup
- Lifting anything weighing more than 10 pounds
- Engaging in strenuous activity
- Air travel

Remember to:

- FOLLOW EYE DROP SCHEDULE
- Call the PHARMACY if you need refills on medication
- Wear protective shield while sleeping for three weeks after surgery
- Wear protective eyewear during the day at all times for three weeks after surgery
What to Expect

During Your Xen Stent Procedure

Most procedures are performed under topical anesthesia using numbing eye drops and light sedation. Although you may feel slight pressure during the procedure, you should not experience any sharp pain.

If you feel any pain or feel nauseated during the procedure, let the physician or nurse know so they can make you more comfortable.

Following the procedure, you will spend a short period of time in the recovery area.

After Your Xen Stent Procedure

You may experience discomfort for a few days following your procedure and you can take Tylenol for relief. If you are allergic to Tylenol, please use what you would normally take for a headache.

Your vision may be slightly blurred for up to four weeks following the procedure, as your eye recovers.

Your eye may appear slightly red. This will gradually clear during the first few days after your procedure. You may also notice that your pupil (the black part of your eye) is larger or smaller than the pupil of the other eye. This is normal. The pupil will slowly return to its normal size within two days after the procedure.

Post-Operative Appointments

Continue to follow your eye drop schedule.

Please bring your surgery kit and all of the eye drops you are using with you to every post-op appointment. It is important that you keep all of your appointments following your procedure. You will be asked to stop taking your glaucoma medication (if you are on any) and will have your pressure monitored at all of your visits.
Summary of Instructions Before Surgery:

1. Make sure you have your eye drop medication
2. **Nothing to eat or drink** for six (6) hours before your procedure.
3. **No diabetes medications** the morning of your procedure. Take diabetes medications after your procedure.
4. Take all other medications with a small sip of water.
5. Arrange a driver for your day of surgery. We recommend you also have a driver for your one day post-op appointment.

Summary of Instructions After Surgery:

1. **Follow your eye drop schedule.** Call the PHARMACY if you need refills.
2. **Wear protective eyewear at all times** for three weeks after surgery.
3. **Call our office immediately** if you experience any of these symptoms following your procedure:
   - Sudden decrease in vision
   - Persistent pain that is not relieved by Tylenol
   - Severe eye pain
   - Increased redness of the eye
   - Increased discharge from the eye

Co-Pay Information (if applicable):

- **Surgeon Fee** - Due 2 weeks prior to surgery
- **Facility Fee** - Due the day of surgery
- **Anesthesia Fee** - Due the day of surgery